



2007 International Air Cadet Exchange Ambassador's Guide

**Headquarters Civil Air Patrol
Maxwell AFB, Alabama**

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**NATIONAL
HEADQUARTERS
CIVIL AIR PATROL**

TO IACE AMBASSADORS

Congratulations! You have been selected to participate in the International Air Cadet Exchange (IACE), one of the premier events for a Civil Air Patrol member. We promise you, this will be a highlight of your life.

You are most assuredly going to enjoy unique and rewarding experiences. During the exchange you will meet many new and exciting people, visit other countries, and explore new ways of meeting life's challenges. The individual efforts you offer to promote goodwill and friendship among the ambassadors from all countries is key to having a most rewarding time.

You have not been chosen for what you have done as a cadet or senior member; you have been chosen because of your potential to demonstrate the best of America to the world. In being chosen CAP has placed in you a special trust; and that is why you are called an ambassador.

You are CAP's emissary to the world, as well as a representative of the United States of America. As you proceed upon your mission of goodwill, please carry with you our best wishes.

Good luck and enjoy to the fullest this exceptional opportunity.

INTRODUCTION



The purpose of the International Air Cadet Exchange (IACE) is to promote international understanding, goodwill, and fellowship. As an ambassador in IACE, you will be a global messenger of the United States, as well as Civil Air Patrol. It is extremely important that you keep this in mind throughout the exchange. Civil Air Patrol participates in the exchange as a member of the IACE Association. Currently there are eighteen other member nations of which we will exchange cadets with eleven. U.S. participation in the International Air Cadet Exchange Association (IACEA) has spanned a period of nearly 60 years. Financing IACE is the mutual responsibility of the participating nations' air forces and the various cadet organizations in each country. The United States Air Force and Civil Air Patrol share the burden of expense for the participation of the United States in the exchange. All of your expenses, except for personal expenses, while in your foreign host's country (for approximately two weeks) will be paid by that country's cadet organization and/or Air Force.

For any emergency at any time during this exchange, immediately call (888) 211-1812 x 405.

The information and instructions in this guide are to help you prepare for the exchange. Know your responsibilities and obligations ahead of time. This will help ensure that you will be free from worry, better able to be a good ambassador of the American way of life, and learn as much as possible about your hosts and their country.



Ready to fly in Britain

Study the following instructions and information. A target date of 15 May has been set for having your immunizations (if required), passport, and the necessary clothing.

IACE BACKGROUND

The International Air Cadet Exchange is an annual exchange of visits by air-minded youth of the U.S., Canada, Europe, the Middle East, Africa, East Asia, and the Pacific with the objective of

promoting international understanding, goodwill, and fellowship among the youth of the world.

Civil Air Patrol's participation in the exchange began in 1947 with the arrangements for an exchange of cadets between the CAP and the Air Cadet League of Canada. Since the first exchange of cadets during the summer of 1948, the program has continued to expand. The President of the United States, members of Congress, and the heads of many foreign countries have publicly commended IACE. This program has frequently been cited as a significant contribution toward better understanding among the youth of the world. CAP, the official auxiliary of the United States Air Force, has sponsored U.S. participation in the exchange since its beginning by arranging housing accommodations, travel itineraries, and educational, recreational and social activities for the foreign cadets while they are in the United States. The hosting organizations of the participating countries also perform these same services for the American cadets. Visits to the U.S. and abroad are just over two weeks in length and provide the cadets an opportunity to visit many areas of their host countries. Cadets visiting the U.S. are hosted by CAP units in the various states. In addition, most are given a special tour of our Nation's Capital. IACE cadets are selected for participation on the basis of demonstrated leadership ability, character, and good citizenship. Each year cadet and escort applications are reviewed and scored. Only the top rated applicants are chosen to become CAP cadet and escort ambassadors to IACE.

INFORMATION AND INSTRUCTIONS

Security

When you travel, you will encounter more visible and frequent security checks throughout U.S. airports, including screening passengers and carry-on baggage. Just prior to boarding, passengers will have identification and boarding passes checked again. You will likely see more uniformed law enforcement and military personnel in airports.

In addition, many security procedures occur behind the scenes, such as searching aircraft, cargo and catering. Security screening processes for checked baggage include a combination of passenger bag-matching, explosive-sniffing dogs and explosive-detection technology. During flight, more U.S. federal government air marshals will be present than ever before.

Airline and airport employees take security very seriously. Jokes and remarks about security are not taken lightly and may result in your being detained by airport authorities.

Carry-on baggage limits

Carry-on limits for flights within the U.S. and on international flights are now one bag per passenger, along with one personal item (purse, briefcase or laptop; note: backpacks are not considered personal items). Carry-on baggage are subject to size and weight limitations. Check your airline's web site for international baggage limitations.

No dangerous objects

In compliance with the US federal government, airlines do not allow sharp or dangerous objects to be taken beyond airport security checkpoints. This restriction includes knives, cutting tools of any kind, scissors, or straight edge razors. You are also prohibited from carrying liquids, gels, or foams (except for prescription medications) in your carry-on baggage. Liquids, gels, and foams (nonflammable and non hazardous) are permitted in checked baggage.

Travel documents

To enter the secured area beyond the security screening checkpoint, you need your current passport along with one of the following documents: an E-Ticket receipt, an itinerary generated by



Berlin, Germany: Checkpoint Charlie



an airline or travel agency confirming an E-Ticket, a boarding pass or a paper ticket. CAP also requires you to carry your current membership card.

Check-in

We recommend that you check in at least 90 minutes before flights within the U.S., and two hours before international flights. We also recommend you allow more time if you are checking baggage or traveling around holidays or peak travel times.

Baggage check-in

In compliance with new U.S. federal government security regulations, bags may only be checked within four hours of departure.

Proof of Identity and Other Documents

PASSPORTS: All CAP personnel participating in the IACE program, **including those visiting Canada**, must have a current passport. Passports should be valid for six months following the completion of the exchange. **Securing the passport is your personal responsibility and failure to do so will result in the cancellation of your participation in the exchange.** Your passport is one of the most important documents you will ever possess. **Keep your passport in your possession at all times. Do not pack it in your luggage.** It protects your rights as an American citizen when you are out of this country.

In order to obtain a passport, you must have:

- a. Proof of United States citizenship
 - b. Two-passport photographs
 - c. Passport fee of approximately **\$97, renewals are approximately \$67. Expedited Service is appx. \$65.**
 - d. Identification with personal description on it.
- http://travel.state.gov/passport/passport_1738.html for more information.



Proof of U.S. citizenship is your birth certificate or naturalization certificate. It must show your names, mother's and father's name, place of birth, that it was filed at the time of birth or shortly thereafter, and it must bear the seal of the state in which you were born. Passport photographs may be obtained at a reasonable cost from many photo studios, Walgreen's Pharmacy, or a Kinko's copy center. (A reputable studio will be knowledgeable of passport photo requirements.) The passport fee may be paid by money order or check. When you have all the proper papers, go to the nearest Federal or State Court or passport agency of the State Department. Anyone in the office will assist you in preparing the passport application. Passport applications are also available at appointed main U.S. post offices. Remember, however, that this office may not be the passport-issuing agency. Its function is to provide passport applications and help people complete them (usually in 10 to 15 minutes). They then forward your application, documents, photos, and payment to the nearest agency responsible for issuing passports, where the passport will be completed and mailed to you. Incidentally, here are some of the questions on the application form you should be prepared to answer: date and place of birth of both parents, purpose of your trip, approximate date of departure, how you intend to travel, where you wish to go, and how long you will be gone.

NOTE: The deadline for CAP receiving copies of your passport is 15 May. Submit your passport application as soon as you receive your selection letter from CAP, and ask for expedited service. Due to security requirements in many of our host countries, this deadline is nonnegotiable.



Sailing in Europe

INSURANCE: Each IACE ambassador is required to have medical coverage and accident insurance during the exchange. Proof of insurance coverage (such as ID card with policy number) must be carried during the visit. In the event a cadet or escort is injured, or becomes ill, he/she should provide the agency providing the care applicable insurance information for billing purposes. If you do not have health insurance, there are several reputable online firms that sell medical and accident insurance for foreign travel at reasonable cost.



IMMUNIZATIONS: Check with the State Department website at http://www.state.gov/travel/tips/brochure/brochures_1225.html for information on immunizations you may need. Required immunizations should be obtained locally.

Traveler's Information

FINAL POINT OF DEPARTURE FROM THE U.S.: Your departure point from the United States will be determined by the country you are to visit. You will receive a letter of specific travel instructions.

CANADA: Cadets visiting Canada will depart an airport near their home and will rendezvous with other CAP cadets and their escort visiting Canada in Washington DC. They will then continue to Canada. If you live more than 250 air miles from the hub city, National Headquarters will provide you with a round trip airline ticket. **If you live less than 250 air miles from the hub city, you will be responsible for arranging your own transportation to those locations.** If in doubt, contact 888-211-1812 x 405 prior to purchasing your transportation.

PACIFIC RIM COUNTRIES: Cadets visiting Pacific Rim countries will depart an airport near their home and will most likely rendezvous with their escort and other CAP cadets at a designated airport on the West Coast. From there they will continue to their destination.



Talking with a German helicopter pilot

NOTE:

*CAP will purchase travel from the designated home airport to Washington DC (for Pacific Rim countries, the international gateway), on to your host country, and back to the home airport on the designated travel days only. **Stopovers, early arrivals, and late departures are not permitted.***

EUROPEAN OR MIDDLE EAST COUNTRIES: Ambassadors scheduled to visit European or Middle East countries will travel directly to Washington DC and then to their host country. If you live more than 250 air miles from



the hub city, National Headquarters will provide you with a round trip airline ticket. **If you live less than 250 air miles from the hub city, you will be responsible for arranging your own transportation to the hub. If you live within 250 miles of Washington DC, you will drive to DC and we will provide overseas transportation.** If in doubt, contact 888-211-1812 x 405 prior to purchasing your transportation.

U.S. CUSTOMS: KNOW THE CUSTOMS LAWS. More than 150 million people enter the U.S. each year. All had to pass through prior to departure from abroad. All were subject to examination of their belongings. All were required by law to declare what they were bringing with them and what articles would be shipped separately after their arrival. So must you. Ignorance of the customs laws may result in loss of property and the assessment of penalties.

You are allowed to bring back into the U.S. a specified amount of items purchased abroad duty-free. It is wise to keep sales tickets/receipts to show customs officials. **You must declare all purchases and pay duty on purchases over the specified amount.** If you have questions, see a travel agent or ask your escort. If you plan to take expensive watches or cameras overseas, it may be wise to register them prior to departure or to take purchase receipts with you.

BAGGAGE: Baggage is an extremely important item that can determine the success of your trip. Try to pack all of your clothing into two lightweight suitcases to facilitate overnight trips and carrying the bags for long distances. Toilet articles, cameras, and other personal items may be packed in a small overnight bag, which you will want to hand-carry as carry-on baggage. **(Carry-on baggage is limited to one per person and MUST fit under the seat or in the overhead compartment.)** All other baggage is checked into the aircraft's baggage compartment. Select sturdy baggage that can be secured with a TSA approved lock. These are available at most places that sell luggage. (A luggage strap is also recommended for added security) Remember that airport security personnel may open your luggage if electronic scanning indicates a suspicious or unknown object. Cloth luggage and hang-up bags are



Corporate jet in Japan

not advisable. **You are permitted a maximum of 50 pounds of baggage in all IACE countries, including your carry-on baggage. Keep in mind you will bring back considerably more than the amount you took over after buying souvenirs and receiving gifts. You must still meet the 50 pound limit.** (Items more than one yard long are not allowed on military flights at any time.) To help in the recovery of any lost luggage, put a copy of your name, address, and phone number in each piece of your luggage. You must have your name on the outside of all of your baggage.



On the hunt in UK

GIFTS: Presenting gifts to your hosts, and exchanging gifts with your new friends are important parts of the exchange. Mementos of your home state or region are the most appropriate. Gifts should be representative of your country or organization (i.e., U.S. flag pins, wing patches, state pins, lithographs, etc.). In the past, foreign cadets have particularly liked to collect wing patches, CAP insignia, and lapel pins. Check with your Mayor, Chamber of Commerce, Government representatives, Air Force recruiter and even sports leagues and tell them about the program. They may supply you with free city or state mementos.

CHECKLIST: Make a checklist of everything you need to do before reporting to your departure point. Check constantly to ensure that nothing has been left undone. This added precaution can assure you of a pleasant experience, whereas forgetfulness and carelessness can make you uncomfortable and cause cancellation of your trip.

DO NOT FORGET TO BRING THESE ITEMS

- a. Current CAP ID Card
- b. IACE uniforms (IACE uniform must be worn, no CAP or military style uniforms authorized)
- c. Passport (plus two copies)
- d. Airline E-ticket (if applicable)
- e. Proof of insurance (ID card with policy number)
- f. Immunization record (if required)
- g. Worksheets from IACE staff director
- h. Any prescription meds (& doctor's proof of prescriptions)



TRAVEL TIPS: Here are a few travel tips you may find useful that will help with your packing and make your trip more enjoyable:

- a. Use wash and wear clothing wherever possible. They take less room, weigh less, and are easier to keep clean.
- b. Mark all clothing with your name to facilitate laundering.
- c. When packing suits, slacks, and coats, place dry cleaning bags wrinkle-free.
- d. Use polyethylene bags to keep your shirts clean.
- e. Rolled socks and underwear take up less room.
- f. Use shoe bags on your extra shoes and put rolled up socks inside the shoes.
- g. If you wear eyeglasses or contact lenses, take an extra pair.
- h. Pre-measure laundry detergent into ziplock bags and include dryer sheets. Keep in mind that you may need to occasionally hand wash clothes along the way
- i. Minimize shoeshine equipment. A small self-contained unit of polish, a dauber, and a shine cloth will do the job and eliminates the need for a brush. Include an extra pair of shoe strings, if appropriate.
- j. In most overseas countries the electrical current is 220 volts and 50 hertz. Therefore, any electrical items you plan on taking should be checked to see if they can use 220 volts. The electrical outlets are different and require an adapter (some items have a switch to select 220 volts, but still require the outlet adapter). Disposable razors are cheaper, lighter, and take less space - even with a can of shaving cream - than an electric razor. A small travel iron is very handy to touch up wrinkled clothing, but again you will need an adapter if it isn't 220 volt.
- k. Shampoo, shaving foam, liquid makeup, toothpaste, must be in containers whose weight is 3.5 ounces or less. All items must fit into one 1-quart sized ziplock bag and must be in your carry-on.
- l. A small paperback dictionary that translates English into the language of your host country and vice versa is a must if you don't speak the language. It may save you a lot of trouble and anxiety should you become separated from your group and have to get by



Seeing international aviation technology



without the assistance of your host. To help you learn key words, a worksheet was provided with your selection package.

m. Take along pictures of your family to show your new friends. They are interested in the way you and your family live in America. Pictures of family and friends engaged in activities are best. Also take along some CAP action pictures of you and/or other cadets.

n. Letters mailed from a foreign country must possess stamps from that country. U.S. stamps are not acceptable.

o. Do not burden yourself with excess clothing or equipment. Take only what is on the clothing list and other items you cannot do without.

p. **You may NOT carry or pack such things as knives, firearms, munitions, fireworks, or any other items that may be considered weapons or resemble weapons.**

q. Take a small wind-up or battery alarm clock.

r. Pack most of your clothing/equipment in your suitcases. In the carry-on bag, pack an extra shirt or blouse, underwear, socks or hose, and your toilet articles.

s. Include one heavy plastic bag to pack wet clothes and one plastic bag to pack dirty clothes in your suitcase.

t. Include two 25-gallon plastic bags for covering your luggage should it have to sit outside or be carried on top of a vehicle

u. Your cellular phone may not work in your host country. Take prepaid phone cards (and instructions, especially country codes). These are often cheaper than regular phone cards, and are always cheaper than a collect call. Be sure that the phone cards can be used in the country you're visiting.

v. Consider obtaining a credit card with a low spending limit (i.e. \$200). Exchange rates are often better with credit cards than cash because credit card companies use a monthly average for the exchange rate rather than the daily average banks use for cash. Another benefit is that if your card is stolen, you can cancel it immediately. If you decide to obtain a credit card, be careful in your selection. Thoroughly review all service fees and charges (like cash advance charges) and look for one that provides 24-48 hour emergency replacement (just in case). Keep in mind that you will



Visiting Mickey in Tokyo



still need to take some cash/foreign currency because credit cards are not accepted at many establishments.

w. If you decide not to take a credit card, use a debit card connected to your bank account. It offers most of the benefits of a credit card, including access to cash through ATM machines.

x. Lifetime friendships are often formed as a result of IACE. While you are abroad, take the time to write down the names and addresses of your hosts and other ambassadors. A letter of thanks should be written to your host family within the first few days of your return home. Remember, many of these families went to great lengths to open their homes to you.

y. If you are taking prescription medication, it must be in the original container with your name, type of medication, dosage and physician's name on the label. Be sure you have a sufficient amount of medication to last the entire exchange period, **and be sure to pack it in your carry-on luggage, not in checked luggage.** Consider carrying a duplicate physician's prescription with you.

CLOTHING FOR CAP CADETS AND ESCORTS

The instructions concerning clothing are general instructions to all ambassadors regardless of the foreign country to be visited. But there are also some important exceptions for some individual countries. Because the exchange program and the clothing requirements for many countries vary from year to year, it is impossible to have set guidelines for each country. Therefore, you are responsible for researching what the climate and terrain of your host country may be and then adjusting your civilian clothing accordingly.

NOTE: Both the official IACE uniform and travel uniform require meeting CAP grooming standards per CAPM 39-1, page 5. Each cadet and escort will be sent 2 free navy blue tee-shirts for wear during appropriate activities in the host country. This is not to be worn when traveling to the host country.



Looking sharp during a visit to Air Traffic Control in Hong Kong

I. **REQUIRED OFFICIAL IACE UNIFORM (MALE):** The IACE uniform is required for all CAP members participating in the available from **CAPNHQ** are annotated with an *; other items must be procured locally.

For all males the IACE uniform consists of:

- a. Two pairs of medium-gray slacks (Must be bought locally)
- b. * Two white aviator shirts
- c. * Two sets of IACE epaulets
- d. * One IACE tie
- e. * Two IACE nameplates
- f. One navy blue blazer (Can be bought locally or borrowed if proper fit)
- g. One black belt
- h. One pair of black socks
- i. One pair of black shoes (Oxfords or loafers)
- j. *Knit shirt with IACE emblem (acquired from CAPNHQ)

Any of the authorized combinations may be worn, but all in the group must wear the same combination to an activity. Do NOT take nor wear your CAP uniform in a foreign country. Wear only the authorized IACE uniform.



2. **REQUIRED IACE TRAVEL UNIFORM (MALE):** The IACE travel uniform is to be worn by all ambassadors when traveling from home to the host country, and back, and on other occasions when deemed appropriate by the escort. Items available from **CAPNHQ** are annotated with an *; other items must be procured locally. Personnel are required to be within CAP dress and grooming standards at all times during the trip. **Note: Ambassadors traveling from their home location to Washington DC will wear the IACE aviation shirt combination.**

The male IACE travel uniform consists of:

- a. *Two Knit shirts with IACE emblem (acquired from CAPNHQ)
- b. Medium gray slacks
- c. Black belt
- d. Black socks
- e. Black shoes (Oxfords or loafers - well broken in)

3. **ADDITIONAL CLOTHING ITEMS (MALE):** (These are suggestions)

- a. One pair of casual, comfortable walking shoes
- b. One casual jacket
- c. Two pairs of slacks (not jeans)
- d. Two white dress shirts (permanent press)
- e. One tie
- f. Three sports shirts
- g. One pair of nice Bermuda shorts (no cut-offs)
- h. One pair of jeans (new)
- i. Ample underwear and socks
- k. Two each - bath towels and washcloths
- l. Toilet articles
- m. One shoeshine kit (escort only)
- n. One sewing kit with extra buttons (escort only)
- o. One first aid kit, including Kaopectate and over-the-counter cold medicine (escort only)
- p. One rain jacket and/or umbrella
- q. Insect repellent (escort only)



China's Great Wall

4. REQUIRED OFFICIAL IACE UNIFORM (FEMALE): Both the official IACE uniform and travel uniform require meeting CAP grooming standards per CAPR 39-1, page 5. The IACE uniform is required for all CAP members participating in the exchange and will be worn as directed during the exchange. Items available from **CAPNHQ** are annotated with an *; other items must be procured locally.

For all females, the IACE uniform consists of:

- a. Two pair medium-gray slacks, **or** One pair of medium-gray slacks & * One medium-gray skirt, knee-length. No low riders, hip huggers or bell bottoms.
- b. * Two white aviator shirts
- c. One navy blue blazer (Can be bought locally or borrowed)
- d. * Two sets of IACE epaulets
- e. The Air Force female tie tab (wrap around, not snap-on)
- f. * Two special IACE nameplates
- g. Full length hose
- h. One pair of black shoes (loafers or flats)
- i. One black leather handbag with strap
- j. * Knit shirt with IACE emblem (acquired from CAPNHQ)



Appreciating culture

Any of the authorized combinations may be worn, but all in the group must wear the same combination to an activity. Do NOT take nor wear your CAP uniform in a foreign country. Wear only the authorized IACE uniform.

5. REQUIRED IACE TRAVEL UNIFORM (FEMALE): The IACE travel uniform is to be worn by all ambassadors when traveling from home to the host country, and back, and on other occasions when deemed appropriate by the escort. Items available from **CAPNHQ** are annotated with an *; other items must be procured locally. Personnel are required to be within CAP dress and grooming standards at all times during the trip. **Note: Ambassadors traveling from their home location to Washington DC will wear the IACE aviator shirt combination.**

The female IACE travel uniform consists of:

- a. * Knit shirt with IACE emblem (acquired from CAPNHQ)
- b. Medium gray slacks. No low riders, hip huggers or bell bottoms.



- c. Hose
- d. Black shoes (loafers or flats - well broken in)

6. ADDITIONAL CLOTHING ITEMS (FEMALE): (These are suggestions)

- a. One casual jacket
- b. One pair of casual, comfortable walking shoes
- c. One dress (not cocktail) or suit, and accessories (dress or skirt must be knee length)
- d. Three sports outfits (pantsuit, slacks, and blouse combination, or nice Bermuda shorts - **no cut-offs**)
- e. One pair of jeans (new) (no low riders, hip huggers, or bell bottoms)
- f. Ample underwear, socks and hose
- g. One swimming suit
- h. Two each - bath towels and washcloths
- i. Toilet articles
- j. One sewing kit with extra buttons (escort only)
- k. One first aid kit, including Kaopectate and over-the-counter cold medicine (escort only)
- l. One rain jacket and/or umbrella
- m. Insect repellent (escort only)

7. EXCEPTIONS TO CLOTHING REQUIREMENTS: If you are visiting one of the countries listed below, the suggested clothing/supplies are highly recommended:



Sunsets

- a. AUSTRALIA/NEW ZEALAND: A navy-blue sweater or navy fleece jacket. Remember, it's winter down under. Check your itinerary before you pack. The further south you go, the colder it gets. A hat is recommended.
- b. CANADA: T-shirt, and tennis shoes. Do not take fatigues or boots.
- c. GERMANY: Three white aviator shirts. Walking shoes or boots.
- d. SWEDEN: Navy sweater and jacket. 2007 schedule includes trip above the Arctic Circle.
- e. SWITZERLAND: Hiking boots or shoes. (Check schedule of activities)



f. HONG KONG: Heat and humidity are the very high, pack accordingly. You must also have 1 long-sleeved white aviator shirt.

WEARING OF THE OFFICIAL IACE UNIFORM (MALE AND FEMALE): The official IACE uniform consists of the white aviator shirt with the IACE epaulets, IACE nameplate, gray slacks (or skirt for females), the IACE tie (tie tab for female), black belt, black socks, black shoes, and navy blue blazer. The IACE epaulets are to always be worn on your white aviator shirt only. You will note that the IACE epaulets have a correct, right side and left side placement on the shirt. (The U.S. flag flies back.) The IACE nameplate is worn resting on top of the right breast pocket and centered on the aviator shirt and navy blue blazer. If you want to see placement of the nametag and crest, look at the blazer combination guidance for senior members in CAPM 39-1.

This IACE nameplate should also be worn to identify you when not in the official IACE uniform.

*** PLEASE NOTE ***

**STOPOVERS IN FOREIGN COUNTRIES FOLLOWING
THE EXCHANGE ARE NOT PERMITTED.**

ETIQUETTE IN THE U.S. AND ABROAD



As a member of Civil Air Patrol and a representative of the United States, you are expected to observe a high standard of conduct at all times and comply with established procedures and instructions. Ambassadors who display a disregard for the rules set forth in this manual will be sent home as soon as possible and will be referred to their wing commander for possible disciplinary action.

ALCOHOLIC BEVERAGES: Civil Air Patrol regulations strictly prohibit the consumption of alcohol by CAP cadets. The International Air Cadet Exchange is a “dry” activity for US cadet ambassadors. Escorts will exercise maximum discretion when consuming alcoholic beverages. ***Drunkenness during this activity will not be tolerated and may result in termination from CAP.***

Consumption of alcohol by cadet ambassadors is not permitted at any time during this activity, in any country. Our international partners understand our position on this issue and will provide a variety of nonalcoholic beverages at all meals and during all official activities.

There may be times when cadet ambassadors will be offered alcohol socially. You may feel pressured to “fit in” with other countries’ cadets for whom this restriction was not placed. Resist the temptation. You can have a lot of fun, make new friends, and project a good image as a representative of the US without alcohol.

SMOKING: CAP regulations prohibit smoking by CAP cadets. Escorts are asked to use discretion when smoking, and to try to follow the customs and etiquette of the country they are visiting.

INFORMALITY AND FAMILIARITY: The U.S. atmosphere of informality and familiarity between individuals may not be the norm in other countries. Therefore you should behave conservatively and with some formality until you have become acquainted with customs of your host country. Remember! You are a guest.

FOREIGN FOODS: Very often, foreign foods are different from the foods you are used to eating. Etiquette and the spirit of



The view from the pilot's seat

adventure require that you at least taste everything. In some instances, such as dining out, seek the advice of your host. Do not embarrass your host by leaving a plate full of food.

DATING: Dating and/or intimate contact is not permitted during this activity. For most social functions, your host will invite members of the opposite sex. Should your group contain both male and female cadets, avoid pairing up. Two of the purposes of the exchange are to foster goodwill and to gain a better understanding of others. It has been proven that pairing up does not accomplish these purposes, but works against them.

VISITING FRIENDS AND RELATIVES: During your free time, you may wish to visit friends or relatives in the local area. To do this, you must first seek permission from your escort, who, in turn, will consult your host. Whether or not you are granted permission will depend on several things: who you are going to see, where they live, and how long you will be gone. If you wish to see someone outside of the local area, suggest they come to visit you. Keep in mind this visitation may not interrupt a scheduled activity. It may only be scheduled during free time.

CHURCHES: For those who normally attend religious services, please know that services or the church of your choice may not be available in your host country. In deference to the facilities available and to your hosts, please be flexible with this issue.

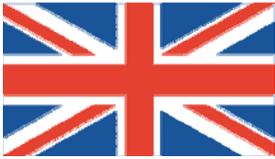
THE W.C.: In Europe and the British Isles, there are signs on doors in public places with the letters "W.C." This is the English abbreviation for "water closet," or bathroom to us.

LAUNDRY SERVICE: Laundry and dry cleaning may not be available when you think they are needed. You must be adaptable to local customs and facilities. You must be prepared to go several days without laundering facilities, so you should take advantage of the opportunities to do your laundry as they arise. Be prepared and do not embarrass your hosts by insisting they provide you with facilities they may not have.

PHOTOGRAPHY: Visitors in increasing numbers inconvenience the local population with frequent requests that residents pose for



Getting to know one another in
Hong Kong



pictures, or assist in taking the pictures. It is advisable that you try not to do this, and instead ask members of your group to act as subjects or photographers. However, if you must use a local resident, you should employ suitable tact, courtesy, and politeness in making your request. Buy all necessary film and batteries before leaving the U.S. as these items are much more expensive overseas.

MONEY - CADETS AND ESCORTS: Your personal spending money is your own responsibility. Since the host country will cover all your essential expenses, you should take enough money for personal items. Although some ambassadors have gotten by with less, experience has shown that a minimum of \$200 should be taken. Keep a few dollars as pocket change, and consider using a low-limit credit card or a debit card to exchange currency once you arrive in-country (most cities have ready access to ATMs). We recommend this method over traveler's checks, as some of our ambassadors have reported it difficult to cash traveler's checks in several countries. We also recommend that approximately US\$50.00 be held in reserve for miscellaneous expenses during your return to the U.S. A major credit card is highly recommended and is appropriate for purchases, check cashing, and emergencies. Try to use a major credit card when making significant purchases. The exchange rate is usually better, and the fees for buying local currency don't usually apply.

MONEY - ESCORTS: As an escort ambassador, you may wish to take the representative of the host country to dinner, you may need to lend money to a cadet in an emergency, or you may need to pay for some meals. For these reasons, you should take approximately \$500 and bring a major credit card.



Coming together at Buckingham Palace

THE CADET AND THE ESCORT: Think of your escort as an advisor who is on the trip to help you. In the chain of command he/she is the immediate supervisor of all the cadets in the group. The escort is responsible for your safety and behavior. Because of his/her responsibilities, it is imperative that he/she know where you are and what you are doing at all times. If you wish to depart from the group for any reason, you must have his/her permission. It is the escort's right and obligation to determine which behavior is in the best interest of the program, and which is not. Should any questions or problems arise, see your escort.

SPECIFIC RESPONSIBILITIES OF THE IACE ESCORT OFFICER



INTRODUCTION

Your responsibilities and obligations stem from your position in the chain of command. For this activity, the chain of command from the bottom upward is the CAP cadet ambassador, you the CAP escort, the CAP project officer, and the representative of the host country. You may have some unescorted cadets from other countries. You do NOT have any command authority over them. Many times, however, these cadets will elect to have you guide them. Should this occur, do everything possible for them, but remember, you have no authority over unescorted foreign cadets. As the escort officer, you may be called upon by your host escorts to assist them in daily activities while on the exchange.

MEETING YOUR CADETS

Your job as the CAP escort ambassador begins well before you fly to your destination.

The HQ CAP Project Officer will give you the names and e-mail addresses of the cadets assigned to you once the cadets in your group have accepted their assignment. We encourage you to contact them immediately after receiving their information.

It is important for you to get to know your cadets before you depart. Develop a relationship of comfortable professionalism, mutual respect, and trust as soon as you can. Get to know their parents. We've found that cadets and their parents are more comfortable when escort, cadet, and family bond before the trip.

Additionally, you will be asked to be the voice of your travel group and to ensure that your group completes the required documentation and preparations as the dates of the exchange grow near. It's important that you develop a regime of regular communication with your people.



Making friends in Munich.

CADET SAFETY AND EMERGENCY INFORMATION:

1. Know where each cadet is and what each is doing at all times.

a. CAP cadets must attend all scheduled activities.

b. If a CAP cadet wishes to leave the group during free time, he/she must have your permission. Before granting permission, consult with the host to ensure that he/she has not made other plans for the cadet. If you grant permission, ensure you know where the cadet is going, when he/she will return, and how he/she may be reached. Keep in mind that CAP CADETS MAY AT NO TIME LEAVE THE LOCAL AREA.

2. Be prepared to cope with emergencies.

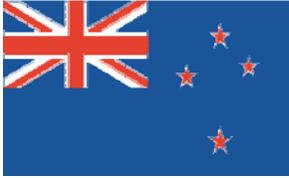
a. Air Force Medical Care: Air Force medical facility commanders are authorized to provide emergency medical care to CAP cadets attending activities on Air Force installations without charge except for subsistence (AFH 41-114, Section 36, Table 36). In other emergency situations when cadets are not encamped on a base, the full charge for care would be made (AFH 41-114, Section 36, Table 36).

b. Illness: Take all required emergency action. If the cadet is on a military base, and emergency medical care is required, take the cadet to the base medical facility. Otherwise, take the cadet to a civilian facility. Cadets will be personally responsible for all medical expenses incurred as a result of illness.

c. Injury: Take all required emergency action. The order of the facility preference where circumstances permit is the same as above. However, in all cases, choice of facility is governed by its proximity, seriousness of the injury, and need for immediate care.

d. Hospitalization: In the event that a CAP cadet is hospitalized due to a serious illness or injury, telephone National Headquarters CAP/MDS at (888) 211-1812 x 405 or DSN 493-4243. If after normal duty hours (0730 – 1630 Monday – Friday Central time), call (888) 211-1812 and ask for the National Operations Center Duty Officer.

e. Insurance: Each IACE cadet ambassador is required to have medical coverage and accident insurance during the exchange.



Proof of insurance coverage (such as ID card with policy number) must be carried during the visit. In the event a cadet or escort is injured, or becomes ill, he/she should provide the agency providing the care applicable insurance information for billing purposes.

f. Death: Immediately notify National Headquarters CAP/MDS, telephone (888) 211-1812 x 405, or DSN 493-4243 (if after normal duty hours the National Operations Center duty officer). The American Embassy should do this for you. Contact the Defense Attaché Office (DAO) listed in the back of this pamphlet. With the assistance of the American Embassy or Consulate, select a mortuary for body preparation and shipment.

CADET BEHAVIOR: It is your responsibility to ensure each CAP cadet ambassador projects a favorable image as a United States citizen. Cadets may lack the maturity or foresight to recognize a potential embarrassing situation. If they cannot, you should. The following suggestions should help you maintain discipline:

1. Brief the CAP cadets on proper behavior, conduct, dress, military courtesy and bearing, and other desirable traits of a United States citizen. Those cadets not wishing to comply with these standards will not be allowed to participate in this activity and will be sent home at the earliest possible date. If you have a problem with one of your cadets which is beyond your ability to handle locally, call 888.211.1812 x 405. We will discuss the situation with you.
2. Consult your host about customs the cadets should be aware of and then brief the cadets.
3. Ensure the CAP cadets meet all scheduled activities on time. If the schedule is changed, inform the cadets immediately.
4. Consult with the host to establish the clothing for the day or the type of clothing appropriate for an activity. Ensure that the cadets meet grooming and appearance standards.
5. Do not hesitate to exercise your authority as an escort to take timely action designed to ensure that the behavior of the CAP cadets is above reproach. Make immediate attempts to counsel any cadet about behavior you feel is inappropriate.



Exploring London

SPECIAL CIVIL AIR PATROL DUTIES:

1. Explain CAP, its mission and objectives, and the cadet program. Do not make any overtures or invitations concerning future exchanges.

2. Present mementos. The CAP plaque provided to the escort by National Headquarters should be presented to the highest officials of the host organization. The Certificates of Appreciation are provided to the escort for presentation to other persons as deemed appropriate. Personal mementos, as mentioned earlier, are an individual responsibility. Some interesting ideas for gifts include:

- a. Wing patches
- b. Squadron patches or pins
- c. Squadron t-shirts
- d. Postcards from home
- e. small crafts made in your community
- f. Local candies (hard candies travel well)

3. Take photographs of IACE activities. If you have a particularly interesting photo, please forward it to National Headquarters/PA to be used for information releases by the National Headquarters information office. Every photograph must be identified as to location, people involved, and occasion. Identifying information should be listed on a small piece of paper attached to each photo. Without proper identification, the photo is useless. Do not write on the back of the photograph. Color prints do not reproduce as well as black and white prints for use in newspapers, but color slides are useful for briefings. Forward copies of your prints, negatives, or slides to HQ CAP/PA, 105 S. Hansell St., Maxwell AFB, AL 36112-6332.

4. Evaluate the activity. Send two copies of your evaluation report to National Headquarters/MDS not later than 15 August. We will give you the template for the escort report. Keep in mind that a copy of the report will be forwarded to next year's escort to your hosting country. This report should cover the following items, plus any other pertinent information:

- a. The country visited and the hosting organization



- b. The number of CAP cadets in your group
- c. Was the food, transportation, and housing adequate?
- d. The schedule:
 - (1) The most interesting aspects of the program
 - (2) How the CAP cadets related to the program
- e. Any serious problems encountered
- f. CAP cadets requiring medical services and the action taken (Attach copies of bills and the CAP Form 78 if the medical expense was for an injury. Illness is not covered by the insurance policy.)
- g. A resume of expenditures, finances, and mementos
- h. Was contact with our Embassy ever required?
- i. Was the IACE uniform appropriate in this country?
- j. Problem cadets, if any
- k. Remarks

ADDITIONAL DUTIES:

1. The host may ask you for suggestions in planning activities or scheduling free time. Be as helpful as possible, but do not suggest activities that would be difficult for your host to arrange. Do not criticize the present program.
2. Call the American Embassy and ask for assistance, or have them contact National Headquarters CAP/MDS if any major problems occur.

IMPORTANT NOTE

As an IACE escort, you are responsible for the health, safety, and welfare of your cadet ambassadors from the moment they arrive at the U.S. departure point until they depart for home.

US Embassy Contact Information

For more information about US Embassies world wide go to: <http://travel.state.gov/links.html>

Australia

American Embassy, Moonah Place, Yarralumla ACT 2600
Switchboard Tel: (02)-6214-5600 (8am-5pm Mon-Fri)
American Citizen Services
Fax: (02) 6214-5970
U.S. Foreign Commercial Service
Website:<http://www.csaustralia.org/> Email: Sydney.office.box@mail.doc.gov
All media enquiries: Office of Public Affairs - Email: apvc anb@pd.state.gov

Belgium

U.S. Embassy Consular Services -- Regentlaan 25 Boulevard du Régent,
B-1000 Brussels

Ph: +32-(0)2 508-2111
Fax: +32-(0)2 513-0409
E-mail: jas-cons@usinfo.be
Hours: Monday through Friday 1:30 to 4:30 p.m
Closed on U.S. and Belgian holidays

Canada

The Consular Section of the U.S. Embassy is located at 490 Sussex Drive in Ottawa, Ontario. The Embassy and Consular Section's mailing address is

P.O. Box 866, Station B
Ottawa, Ontario K1P 5T1
Phone: 613.238.5335
Fax: 613.688.3082

The Embassy's Consular Section is open for routine consular business from 8:00 until 11:00 am Monday, Tuesday, Thursday and Friday. Emergencies should be reported to the Consular Section at 613.238.5335 (24 hours/7 days a week).

Germany

Embassy of the United States Berlin
Neustädtische Kirchstr. 4-5
10117 Berlin
Federal Republic of Germany
Telephone: (030) 8305-0
Closed on American and German holidays

Embassy of the United States Berlin
Consular Section
Clayallee 170
14195 Berlin
Federal Republic of Germany

American Citizen Services:
Telephone: (030) 832-9233
Fax: (030) 8305-1215
8:30 am until 12:00 noon
Closed on American and German holidays

Hong Kong
U.S. Consulate General
Hong Kong and Macau
26 Garden Road, Hong Kong
Tel: (852) 2523-9011 Fax: (852) 2845-1598
<http://www.hongkong.usconsulate.gov/>

Japan
American Embassy Tokyo
10-5 Akasaka 1-Chome,
Minato-ku, Tokyo
107-8420 Japan
Tel: (03) 3224-5000

Tokyo Subway Stations nearby:
Tameike-Sanno; Toranomon; Akasaka; Kamiya-cho

Netherlands
Lange Voorhout 102
2514 EJ The Hague
the Netherlands
T: +31 70 310-9209
F: +31 70 361-4688

New Zealand, Consulate General of the United States of America
For ALL American Citizen Services

Postal Address: Consulate General of the United States of America
Private Bag 92022,
Auckland,
New Zealand

Street Address: 3rd Floor,
Citibank Building,
23 Customs St,
Auckland (cnr. Commerce St)

Phone: +649 303 2724

Fax: +649 366 0870

Hours: 8.00 - 12.00pm Monday through Friday for walk-in service.
2.00 - 4.00pm Monday through Friday for phone inquiries.

Singapore, US Embassy
27 Napier Road, Singapore 258508
Tel: (65)-6476-9100
Fax: (65)-6476-9232
email: SingaporeACS@state.gov
Hours of Operation: Monday - Friday
8:30 a.m. - 12:00 noon
2:00 p.m. - 3:30 p.m.
Wednesday only: 3:30 to 4:30 for children's passport applications

Sweden
Embassy of the United States of America
Dag Hammarskjölds Väg 31,

SE-115 89 Stockholm

Tel: 08-783 53 00

Fax: 08-661 19 64

Other Embassy Fax Numbers:

Public Affairs Section (PAS): 08-665 33 03

The Foreign Commercial Service (FCS): 08-660 91 81

Defense Attaché Office (DAO): 08-662 80 46

Consular Section: 08-660 58 79

U.S. Embassy Switzerland

Address: Jubilaustrasse 93

CH-3005 Bern, Switzerland

Tel: 031-357-7011

Fax: 031-357-7344

24 hours Emergency Number: 031-357-7218

Please note: Calling from the United States dial: 011-41-31 and then the given number

Day(s): Monday - Friday

Time: 9.00-12.30AM - 1.30-5.30PM

Except Swiss and American Holidays

Turkey

The Embassy of The United States of America

110 Ataturk Boulevard, Kavaklidere, Ankara 06100 - TURKEY

Phone:(90) 312-455 5555

Fax:(90) 312-468-0019

United Kingdom

24 Grosvenor Square

London, W1A 1AE

United Kingdom

Phone: [44] (0)20 7499-9000

HOST COUNTRY ADDRESSES

The attached listing of addresses of foreign countries participating in IACE is furnished so that you may receive mail overseas. Due to the relatively short length of the visit and slow mail service, particularly overseas, this should be used only for emergencies.

Personal mail to CAP individuals will be addressed to the cadet or escort using his/her name in care of the address in the country he/she is assigned as an IACE ambassador. For example:

Cadet John Doe, CAP
2007 IACE
c/o Aero-Club of Austria
Tauxgasse 17
A-5020 Salzburg Austria

AUSTRALIA

Australian Air Force Cadets
Directorate of Australian Defense Force Cadets
R C Casey Building
CANBERRA ACT 2600
Australia

BELGIUM

Belgian Air Cadets
Kwartier Lt de Bersacques
Hannuitsesteenweg 350
3300 GOETSENHOVEN
Belgium

CANADA

Air Cadet League of Canada
313 Rideau Street
Ottawa, Ontario K1N 5Y4
Canada

GERMANY

Club der Luftfahrt von Deutschland eV
Godesberger Allee 70
53175 BONN
Germany

HONG KONG

Hong Kong Air Cadet Corps
c/o Hong Kong Aviation Club
Sung Wong Toi Road
KOWLOON
Hong Kong

ISRAEL

Israel Air Force
Public Relations and
Foreign Affairs
Israel

JAPAN

Aerospace Scouts Association (ASA)
PO Box 1119
Tokyo Central Post Office
Tokyo 100
Japan

NETHERLANDS

Royal Netherlands Aeronautical Association
Jozef Israelsplein 8
2596 AS THE HAGUE
The Netherlands

NEW ZEALAND

The Air Training Corps Association of New Zealand (Inc)
PO Box 6198
Marion Street
Te Aro
WELLINGTON
New Zealand

SINGAPORE

National Cadet Corps (Air)
229 Ang Mo Kio St
Amoy Quee Camp
Singapore, 567759

SWEDEN

Forsvarsmaktens Rekryteringscentrum (IACE)
SE-10785 STOCKHOLM
Sweden

SWITZERLAND

Aero-Club of Switzerland
Lidostrasse 5
CH-6006 LUZERN
Switzerland

TURKEY

Turk Hava Kurumu
Genel Merkezi
Ataturk Bulvari 33
06100 Opera
ANKARA, Turkey

UNITED KINGDOM

HQ Air Cadets
TG Branch
RAF Cranwell
Sleaford
Lincolnshire
NG 34 8HB, England

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Attachment I
**2007 IACE
Payment Information**

Registration fee for IACE 2007 is \$250.00.

Payment options include credit card, debit card, check, and money order – no cash please! (*Escorts, please pay by check only, the system is not set up to accept credit card payments from senior members*).

Credit and debit card options may be reached through “e-Services” from the drop down menu’

Go to the CAP home page at www.cap.gov

Position the mouse pointer over “members” and then click “e-Services” from the drop down menu’

Log in to e-Services using CAPID and password of individual slotted for activity;

Under the NCSA main menu, select payment method from the “payment options” and then follow directions on how to make payment;

You will receive an e-mail notification of payment once transaction is completed; and

You can view payment history at any time by clicking the “payment history’ link from “payment options.”

You must be slotted as “primary” for an activity to successfully pay for the event.

For 2007, all payment forms and instructions are accessible through “e-Services” and the “Cadet Programs Today” Web page.

Forms from previous years should not be used.

Primary attendees must make their activity-fee payment by 30 April 2007 to reserve a slot.

If paying by check, please mail your activity fee to **arrive** by 30 April 2007 to:

HQ CAP/CP Attn: IACE

105 South Hansell St

Maxwell AFB, AL 36112-6332

Fax: 334-953-6891 (no cover sheet necessary)

If you have any questions about the procedures, please contact Ms. Bobbie Tourville at 888.211.1812 x 405 or bjtourville@cap.gov



Attachment 2

2007 International Air Cadet Exchange Uniform Checklist and Order Form (Female)

Dear Ambassador-

In preparation for your IACE experience, it's important that you acquire the necessary uniforms which will identify you as a member of the American delegation to the exchange, and to make you as comfortable as possible.

The International Air Cadet Exchange Association has specific uniform requirements which you must follow as you travel on the exchange. You read about these uniform requirements in the "IACE Participant's Guide" found on CAP's IACE page at CAP.gov. Some uniform items will be provided to you free of charge, others you must purchase from commercial vendors. Finally, you may elect to purchase certain uniform items which are for optional wear.

This form will help you work out the purchase of your uniform items. The first section specifies the items that you must purchase on your own from local sources (department stores, discount clothiers, etc.) The second section lists the items that HQ CAP will provide for you at no cost.

This uniform order form should not be used as the official IACE clothing list. Refer to the IACE Participant's Guide for the official uniform requirements.

NOTE: We will not process your order form unless you have also paid your activity registration fee.

Mandatory Uniform Items that Must Be Purchased from Local Sources

- **One navy blue blazer**
- **One pair medium gray slacks (no hip huggers, low riders, or bell bottoms)**
- **One medium gray skirt (knee length)**
- **Full length hose (neutral or navy shade)**
- **One pair black shoes (loafers or flats)**
- **One black leather handbag with strap**

**Mandatory IACE Uniform Items that HQ CAP Furnishes (2007)
Female**

Item Number	Item Description	Size (also specify men's or women's)	Quantity Required	Comments
	IACE Epaulets	n/a	2 sets	
	IACE Nameplates	n/a	2 plates	First & Last Name:
	CAP Crest	n/a	1	
	Wh. Aviator Shirt s/s		2	
	Blue IACE Polo		3	

Order Information

Name _____

CAPID _____

Cadet Escort (Please check one)

Country Visiting: _____

Home Street Address: _____

City: _____, **State** _____, **ZIP:** _____

Daytime Telephone: _____

E-mail Address: _____

Send completed form to HQ CAP/MDS Attn: IACE not later than 15 May 2007 using
one of the methods below:

E-Mail:

bjtourville@cap.gov

Fax:

(334) 953-6891

Regular mail:

**HQ CAP/CP Attn: IACE
105 South Hansell Street
Maxwell AFB, AL 36112-6332**



Attachment 3

2007 International Air Cadet Exchange Uniform Checklist and Order Form (Male)

Dear Ambassador-

In preparation for your IACE experience, it's important that you acquire the necessary uniforms which will identify you as a member of the American delegation to the exchange, and to make you as comfortable as possible.

The International Air Cadet Exchange Association has specific uniform requirements which you must follow as you travel on the exchange. You read about these uniform requirements in the "IACE Participant's Guide" found on CAP's IACE page at CAP.gov. Some uniform items will be provided to you free of charge, others you must purchase from commercial vendors. Finally, you may elect to purchase certain uniform items which are for optional wear.

This form will help you work out the purchase of your uniform items. The first section specifies the items that you must purchase on your own from local sources (department stores, discount clothiers, etc.) The second section lists the items that HQ CAP will provide for you at no cost.

This uniform order form should not be used as the official IACE clothing list. Refer to the IACE Participant's Guide for the official uniform requirements.

NOTE: We will not process your order form unless you have also paid your activity registration fee.

Mandatory Uniform Items that Must Be Purchased from Local Sources

- **One navy blue blazer**
- **Two pair medium gray slacks (conservative cut)**
- **Black socks**
- **One pair black shoes (Oxfords or loafers)**
- **One black leather belt**

Mandatory IACE Uniform Items that HQ CAP Furnishes (2007)

Item Number	Item Description	Size (also specify men's or women's)	Quantity Required	Comments
	IACE Epaulets	n/a	2 sets	
	IACE Tie (unisex)	n/a	1	
	IACE Nameplates	n/a	2 plates	First & Last Name:
	CAP Crest	n/a	1	
	Wh. Aviator Shirt s/s		2	
	Blue IACE Polo		3	

**Male
Order Information**

Name _____

CAPID _____

Cadet Escort (Please check one)

Country Visiting: _____

Home Street Address: _____

City: _____, **State** _____, **ZIP:** _____

Daytime Telephone: _____

E-mail Address: _____

Send completed form to HQ CAP/MDS Attn: IACE not later than 15 May 2007
using one of the methods below:

E-Mail:

bjtourville@cap.gov

Fax:

(334) 953-6891

Regular mail:

**HQ CAP/CP Attn: IACE
105 South Hansell Street
Maxwell AFB, AL 36112-6332**

Attachment 4
IACE 2007
 Checklist and Major Deadlines

Note: This is only a memory jogger. It does not substitute for reading the Ambassador's Guide or for following other instructions given by HQ CAP, the activity director or your escort.

<i>Task</i>	<i>Deadline</i>
1. Accept appointment to IACE by paying the \$250 registration fee at www.cap.gov . Failure to pay by the deadline will signal that you decline to participate in the exchange and you will lose your slot.	30 April 2007
2. Fill out and return or provide the following information to HQ CAP/CP Attn: IACE: <ul style="list-style-type: none"> a. IACEA information form (with two original passport photos) b. Uniform order form c. Consent form d. Photocopy of picture page of passport e. Photocopy of proof of health insurance 	15 May 2007
3. Access the State Department web site at http://travel.state.gov/travel/tips/brochures/brochures_1229.html to determine if you are required to obtain a travel visa. NOTE: It may take several weeks to obtain a visa should your assigned country require one. You will also be responsible for any fees associated with obtaining a visa.	15 May 2007
4. Access the State Department web site at http://travel.state.gov/travel/tips/brochures/brochures_1225.html to determine immunization requirements for your host country (you may also contact the consulate for the host country).	Before departure
5. Ensure uniform items arrive in good condition and fit. (Note: if there are questions or problems, contact Rita LaBarre at HQ CAP, 877-227-9142).	1 July 2006
6. Examine E-Ticket(s) when received. Ensure the name and address on the ticket matches how your name and address appears on your passport.	When received
7. Bring the following items and documents with you when you travel to DC (or point of departure for Pacific Rim countries). Put these in your carry-on, not checked, luggage: <ul style="list-style-type: none"> a. Passport (& 2 copies) b. Proof of health insurance c. Worksheets from IACE staff director d. E-ticket for travel e. Immunization record (if required) f. CAP ID card g. Any prescription meds (& doctor's proof of prescriptions) h. IACE Ambassador's Guide w/ signed signature page 	

IACE 2007 Exploring Your Host Country

As a CAP IACE ambassador (cadet or escort), your job is to gain an appreciation of your host country's culture.

There are several resources you can access to learn more about your host country (and answer the questions on your worksheet), as well as gather practical travel tips.

These may be available on line, at your local library, or at your local bookstore. You may also elect to buy the publications and periodicals listed. **This list is not all-inclusive and are only suggestions**, feel free to explore other sources in addition to or in place of these.

1. Travel and country guides from the travel section of your local bookstore.
2. Weekly news magazines, for example:
 - a. Time
 - b. Newsweek
 - c. "The Economist" magazine
 - d. US News and World Report
3. Online travel guides from travel web sites (usually covers major cities within countries).
4. Travel guides published by the American Automobile Association (requires membership in AAA). Other motor clubs also have some travel guides.
5. The US Embassy or Consulate of your host country.
6. Monthly travel magazines (however, these may concentrate on expensive hotels and activities rather than on local culture and navigation).
7. Good travel/instant language courses provide commentary about a country's culture as they teach language.

IACE 2007 Exploring Your Home Country

As a CAP IACE ambassador (cadet or escort), your job is to gain an appreciation of your host country's culture. The first step in appreciating the culture of the country you'll be visiting, is to gain a better understanding of your own.

There are several resources you can access to learn more about your host country (and answer the questions on your worksheet), as well as gather practical travel tips.

These may be available on line, at your local library, or at your local bookstore. You may also elect to buy the publications and periodicals listed. **This list is not all-inclusive and are only suggestions**, feel free to explore other sources in addition to or in place of these.

8. Travel and country guides from the travel section of your local bookstore.
9. Weekly news magazines, for example:
 - a. Time
 - b. Newsweek
 - c. "The Economist" magazine
 - d. US News and World Report
10. Online travel guides from travel web sites (usually covers major cities within countries).
11. Your local newspapers.
12. Personal reflection about how you, your family, your CAP unit, and your community live from day to day. Personal reflection on what you value as an American, and why, as well as reflection on the question: What is uniquely American?
13. Knowing the answers to some basic questions about America:
 - a. What is our system of government?
 - b. Who is the President/Vice President?
 - c. Who is the governor of your state?
 - d. What are the dominant industries of your state.

- e. What are some unique characteristics about living in your state:
 - i. Food
 - ii. Music
 - iii. Art
 - iv. Education
 - v. Geography
 - vi. Climate
 - vii. Ethnic influences
- f. What are the same unique characteristics about living in your town?
- g. What is unique about your family history?

IACE 2007

Thinking About Language

Not all people in your host country speak or understand English. To better help you communicate your needs in your host country, please learn the foreign language equivalents to the following phrases and key words. **Note: The words highlighted in bold face are critical.** The remaining words and phrases are optional.

- | | |
|-----------------------------------|--|
| 1. Hello. | 18. Toilet (<i>Note: the word "bathroom" is not recognized in many countries as an equivalent to "toilet"</i>) |
| 2. Goodbye. | |
| 3. Thank You. | 19. Street |
| 4. Please. | 20. Elevator |
| 5. Do you speak English? | 21. Exit |
| 6. Help. | 22. Entrance |
| 7. I need the police. | 23. What does this cost? |
| 8. Where is... | 24. Go |
| 9. It's nice to meet you. | 25. Men |
| 10. Yes. | 26. Women |
| 11. No. | 27. Airport |
| 12. Stop/Halt | 28. Train (station) |
| 13. I do not understand... | 29. Bus (station) |
| 14. I speak English. | 30. The following numbers: 1-20, 30, 40, 50, 60, 70, 80, 90, 100 |
| 15. I am an American. | |
| 16. What time is it? | |
| 17. Room | |

Attachment 8
IACE 2007
C O N S E N T F O R M

YOU MUST HAVE YOUR PARENT OR GUARDIAN FILL OUT THIS FORM.

I understand that IACE is a CAP program with rules and regulations concerning proper behavior and decorum. I further understand that the IACE staff, in conjunction with the CAP National Director of Missions, is the final authority regarding these rules and regulations. Should behavior or disciplinary problems arise, I understand that appropriate action may be taken including removal from the activity site. I also understand that transportation arrangements for an unscheduled return home will be my responsibility as agreed in the "Release by Parents or Guardian" section of CAP Form 31.

I, (Name of parent or legal guardian) _____ of _____

hereby give consent and permission to National Cadet Special Activities staff members to take my minor child CADET _____, to any other medical facility during the period 14 Jul to 1 Aug 2007 and give consent for emergency examination, treatment, and/or surgical procedures(s) as deemed necessary by the medical staff. I hereby certify that my child is in good health and has no medical condition, which precludes him/her from participating fully in all physical activities of this program.

1. Has your child undergone treatment by a doctor within the last six months?
 Yes No (if yes, explain in the remarks section below).

2. Is your child currently under treatment by a doctor and/or taking any medication at present?
 Yes No (If yes, explain in the remarks section below). If your child is taking any medication, please ensure he/she has an adequate supply for the period of the activity.

3. Does your son/daughter have any known medicinal or other allergies?
 Yes No (If yes, please explain in the remarks section).

REMARKS:

HEALTH INSURANCE CO: _____

POLICY # _____ NAME OF POLICY HOLDER _____

(Signature of parent or guardian)

(Date: day/month/year)

This form must be properly completed. Fax completed form to HQ CAP/CP at 334-953-6891 not later than 15 May 2007. You may also elect to mail the form to:

**HQ CAP/CP Attn: IACE
105 South Hansell Street
Maxwell AFB, AL 36112**

Certification

I, _____, certify that I have read and understand the information and provisions contained in the IACE Ambassador's Guide. I will comply with all rules and instruction contained in this guide, with the instructions given to me by my escort (or staff if I am an escort), and with the regulations and policies of the Civil Air Patrol and International Air Cadet Exchange Association.

Printed Name

Signature

Date

THIS FORM WILL BE COLLECTED BY THE WASHINGTON DC IACE STAFF AT CHECK-IN.

IF TRAVELING TO A PACIFIC RIM COUNTRY, IT WILL BE COLLECTED BY YOUR ESCORT.



**2007
International
Air Cadet Exchange
Ambassador's Guide**

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National Headquarters Civil Air Patrol
105 South Hansell St., Building 714
Maxwell AFB, AL 36112-6332