

Middle School Initiative

**PART I
COVER SHEET**

CAP 1 SEMESTER 1 WEEKEND Any

COURSE: Cardiopulmonary Resuscitation (CPR)

LESSON TITLE: Basic CPR Training

LENGTH OF LESSON: 4 Hours

METHOD: Informal Lecture

REFERENCES: American Red Cross material and texts, etc.

AUDIO/VISUAL AIDS/HANDOUTS/ACTIVITY MATERIAL: As required by the visiting instructor.

COGNITIVE OBJECTIVE: The objective of this lesson is to introduce cadets to basic CPR training. (Note: **The local American Red Cross should be contacted to obtain an instructor and material for the course.**)

COGNITIVE SAMPLES OF BEHAVIOR: The cadets will be taught basic CPR techniques.

AFFECTIVE OBJECTIVE: N/A

AFFECTIVE SAMPLES OF BEHAVIOR: N/A