

Middle School Initiative

**PART I
COVER SHEET**

CAP 2 SEMESTER 1 WEEK 15

COURSE: Rickenbacker Leadership Laboratory, Achievement 4

LESSON TITLE: Counseling

LENGTH OF LESSON: 25 Minutes

METHOD: Performance

REFERENCE(S): *Leadership: 2000 And Beyond*

AUDIO/VISUAL AIDS/HANDOUTS/ACTIVITY MATERIALS: Script for each scenario developed by instructor

COGNITIVE OBJECTIVE: The objective of this lesson is for each cadet to know the correct methods of counseling, given a known situation.

COGNITIVE SAMPLES OF BEHAVIOR: Recognize the proper method of counseling given any situation.

AFFECTIVE OBJECTIVE: The objective of this lesson is for each cadet to apply the proper method of counseling based on the situation.

AFFECTIVE SAMPLES OF BEHAVIOR: Each cadet will effectively apply the proper counseling method required by the situation.

Middle School Initiative

**PART II
TEACHING PLAN**

Introduction

ATTENTION: One of you has a problem and we are going to solve it today.

MOTIVATION: Counseling is a task that many supervisory personnel try to avoid. To be an effective leader, you must be able to communicate with your subordinates in a manner that aids them in resolving a situation.

OVERVIEW: Today, you will see some role-playing. Understand the purpose and not necessarily the language used

TRANSITION: Some of you have been selected for this skit and have the scenario applicable to your role, so let's get started.

Body

(NOTE: The instructor should develop a scenario from any of the listed counseling methods based on experience with the cadet corps. Use your initiative. The cadets selected during the last class to play the roles should have been given their parts one or two days prior to the event with instructions to play the parts with conviction. You must maintain control and stop the session if it gets out of hand. This is a learning situation and must not cause dissention in the class.)

MP 1 Situation: A junior cadet refuses to stand at attention properly. The element leader has attempted to correct this individual on several occasions, but to no avail. The flight sergeant has observed these attempts and is now ready to apply his authority.

The flight sergeant proceeds to chew out the lackadaisical cadet for not paying attention to his element leader and refusing to stand at attention.

Have the class note the type of counseling the flight sergeant uses and determine its effectiveness on the errant cadet. Did the counseling correct the situation? Is there a better method that could or should be used?

MP 2 Situation: Cadet "X" is having a personal problem with an older brother. It appears that the brother has a drug problem and your cadet does not know how to cope with it.

What action should you, as the cadet commander, do to help this cadet resolve this grave problem?

- a. Talk to the cadet's parents with the offending brother present.
- b. Have the unit chaplain become involved and have him counsel the cadet.
- c. Call the police vice squad.
- d. Maintain a low profile and not get involved.

The most appropriate selection is b. In our program, the chaplain is more capable of dealing with this type of situation. It is incumbent upon him to guide the cadet in the right direction and help resolve the drug situation.

(Note: Be sure to check the textbooks of the cadets for the completion of the chapter exercise.)

Conclusion

SUMMARY: Our lesson today has allowed us to demonstrate some counseling methods, both good and bad. By doing this, you have learned that counseling is a necessary part of your duties, not only as an NCO, but also as a potential cadet officer

REMOTIVATION: By being a capable and effective counselor you will further your capabilities as a leader of cadets.

CLOSURE: Next week we will review all of the material presented during past three weeks. The review will reinforce your knowledge of the leadership skills required of a noncommissioned officer in the Civil Air Patrol cadet corps.

Please be sure to review all of the readings in Chapter 4. **DISMISSED!**

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**PART III
LESSON REVIEW**

LESSON OBJECTIVE(S): The objective of this lesson was to have the cadets participate in at least two counseling methods.

LESSON QUESTIONS: None