

Middle School Initiative

**PART I
COVER SHEET**

CAP 3 SEMESTER 1 WEEK 5

COURSE: Doolittle Leadership Laboratory, Achievement 6

LESSON TITLE: Discipline, Unit Meeting Schedules

LENGTH OF LESSON: 50 Minutes

METHOD: Informal Lecture - Discussion

REFERENCE(S): *Leadership: 2000 and Beyond*, Volume 1, Chapter 6

AUDIO/VISUAL AIDS/HANDOUTS/ACTIVITY MATERIAL(S): N/A

COGNITIVE OBJECTIVE: The objective of this lesson is for each cadet to:

1. Understand and master the tenets of discipline as it applies to the cadet corps.
2. Be aware of the requirements for planning unit meetings.

COGNITIVE SAMPLES OF BEHAVIOR: Each cadet will:

1. Willingly accept the requirements for good order and discipline.
2. Be willing to participate in planning a unit meeting or outside activity.

AFFECTIVE OBJECTIVE: N/A

AFFECTIVE SAMPLES OF BEHAVIOR: N/A

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PART II TEACHING PLAN

Introduction

ATTENTION: Good afternoon and welcome to the third hour of leadership in the Doolittle Achievement.

MOTIVATION: As Civil Air Patrol cadet noncommissioned officers, you represent the cadet NCO corps to all with whom you come in contact. As cadet NCOs, you must uphold Civil Air Patrol traditions, policies and standards. As a cadet NCO, you should, by word and example, exemplify the CAP as a good way of life. You are a model to subordinates and an ambassador to the school community.

TRANSITION: What have you done today to exemplify the Civil Air Patrol cadet corps? As we progress through today's lesson, if you have any questions or doubts in your mind about the material presented, please present them during that portion of the period.

Body

MP 1 During previous periods of leadership instruction, you learned about followership and the requirements of self-discipline. There was discussion on the cadet oath of membership. Do you remember that episode in your training? The oath required you to instill in yourself a discipline that may have been lacking. Since that time, we have been developing that discipline.

We discussed attitude adjustments that may have been required. We have developed a "code of conduct" that has increased your ability to cope with life's little adversities.

We also looked at time management. Have you become more efficient in planning your day-to-day activities? Is your improved time management reflected in the academic grades you receive here in school? Did better study habits help to improve those grades?

MP 2 Discipline is a learned behavior. Let's look at Webster's definitions of discipline. Webster decrees that discipline is: "1. To subject to discipline; to instruct or educate; to prepare by instruction; to train; as, to *discipline* youth for a profession. 2. To chastise; to punish. 3. To execute the laws of the church. 4. To keep in subjection; to regulate, to govern."

Does this sound familiar to you? I'm sure that all of you have been subjected to most of these definitions during your lifetime.

We have learned that discipline is a state of order and obedience to common sense rules and orders. You must maintain discipline in order to achieve specified goals. As a member of a group, the goals of that group must be placed on a level higher than your own personal goals. Discipline shows a dedication and commitment to those goals. As a senior cadet NCO, your job is to make junior cadets aware of the purpose and meaning of discipline.

MP 3 There are basically four types of discipline that we are concerned with in a military style organization. Let's take a look at each one and its possible effect on you.

Self-discipline. Self-discipline is what gets you to do what needs to be done without being told to do so. Good examples include learning what needs to be done around your home to keep it neat, clean, and orderly; like making your bed, putting dirty clothing in the hamper, hanging up clothes that need to be put in the closet, and helping with the dishes after supper. It also meant establishing good time management so that all tasks were finished on time.

Task discipline. Task discipline is a measure of how well you meet the challenges of your assignments, not only at home, but here in CAP also. Many of you have been tasked to perform in various cadet leadership positions with little knowledge of the function. Those of you that have performed to expectation have demonstrated task discipline.

Group discipline. Group discipline is that of working together as a cohesive unit towards a common goal. You have learned much of this type of discipline while performing in various drill activities as elements, flights, and finally as a squadron.

Imposed discipline. This discipline is the enforcement of established rules. This type of discipline is usually used in times of emergency, such as a search and rescue mission. Strict obedience to lawful orders of the mission coordinator/incident commander is essential to the fulfillment of the mission. Imposed discipline should not be used as a form of punishment within the Civil Air Patrol cadet corps.

MP 4 Our next area of learning is in maintaining discipline. Through the continuous process of education and training, we learn to be more self-sufficient as cadet NCOs. You must always set the proper example. You are a role model to those around you. Have you heard those words before?

Knowledge is the key to understanding your job. You should investigate the whys and wherefore of any directive that affects your position in the Civil Air Patrol cadet program.

Effective communication between all persons at all levels of CAP aids in providing organizational discipline. Explicit and complete orders, understood by all concerned, will reinforce the maintenance of esprit-de-corps and unit discipline.

Standards have been established to provide uniformity in the program. It is the responsibility of cadet NCOs to conform to and enforce all policies and regulations as they apply to cadets.

Inconsistency erodes cooperation among our members. Know that which is right and assure that others do the same.

Practice makes perfect.

MP 5 Planning unit meetings and agendas in a regular CAP unit may become part of your duties and responsibilities as a senior cadet NCO. Involvement in this activity as a cadet officer is assured while holding a command position. As we are in a structured program, this activity will not be discussed any further, but be aware of the requirement in this chapter.

Conclusion

SUMMARY: Today, we have had a lengthy discussion on discipline and the effects the various types may have on you in your day-to-day activities. We also touched on the requirement for planning unit meetings.

REMOTIVATION: *"Only those who have disciplined themselves can exact disciplined performance from others."* General Mathew B. Ridgway, US Army

CLOSURE: Be sure to re-read this chapter on leadership and complete the end of chapter exercise. In three weeks you will be tested on the content of this chapter and I expect all of you to pass with high scores. Class is dismissed.

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**PART III
LESSON REVIEW**

LESSON OBJECTIVE(S): The objective of this lesson was for each cadet to understand the various forms of discipline and how each form affects them.

LESSON QUESTIONS: Completion of the chapter review exercise satisfies this requirement.