

TABLE OF CONTENTS

<i>Let's Get Organized!</i>		v
ADDENDUM		TAB 1
CAP 3 TRAINING SCHEDULES (SEMESTERS 1 AND 2)		TAB 2
CAP 3 LESSON PLANS, SEMESTER 1		TAB 3
Week 1	Administration/Orientation	CAP3S1AO1.0
Week 2	Methodology and Scope of Military Drill Instruction	CAP3S1DC1
	Drill and Ceremonies - Select primary drill squadron staff for the first semester. Review previous year's activity	CAP3S1DC6.1
	Doolittle Aerospace Education - Space	CAP3S1AE6.1
Week 3	Doolittle Aerospace Education – Solar System	CAP3S1AE6.2
	Doolittle Leadership Laboratory - Duties and Responsibilities, Human Behavior	CAP3S1LL6.1
Week 4	Doolittle Leadership Laboratory - Effective Communication, Motivation Skills, Individual Differences	CAP3S1LL6.2
	Doolittle Aerospace Education – Module 5 Activities	CAP3S1AE6.3
Week 5	Doolittle Leadership Laboratory - Unit Meeting Schedule, Discipline	CAP3S1LL6.3
Week 6	Safety	Safety
	Moral Leadership	ML1
Week 7	Doolittle Aerospace Education - Quiz	CAP3S1AE6.4
	Cadet Physical Fitness Test	CPFTEST
Week 8	Doolittle Leadership Laboratory - Achievement 6 Test	CAP3S1LL6.4
	Doolittle Aerospace Education – Module 5 Test	CAP3S1AE6.5

Week 9	Drill and Ceremonies - Squadron Staff Drill	CAP3S1DC7.1
	Goddard Leadership Laboratory - Duties and Responsibilities, Work With and Evaluating Cadets	CAP3S1LL7.1
Week 10	Administrative Time	No Publication
Week 11	Goddard Leadership Laboratory - Communication Barriers, Non-verbal Communications	CAP3S1LL7.2
	Goddard Aerospace Education – Unmanned Spacecraft	CAP3S1AE7.1
Week 12	Drill and Ceremonies - Fill Squadron Staff Positions for Formal Inspection of CAP 2 Cadets	CAP3S1DC7.2
	Goddard Aerospace Education – Manned Spacecraft	CAP3S1AE7.2
Week 13	Goddard Leadership Laboratory - Becoming a Cadet Officer	CAP3S1LL7.3
	Goddard Aerospace Education – Living and Working in Space	CAP3S1AE7.3
Week 14	Goddard Leadership Laboratory - Achievement 7 Test	CAP3S1LL7.4
	Goddard Aerospace Education - Quiz	CAP3S1AE7.4
Week 15	Drill and Ceremonies - Review of Flight and Squadron Drill by Cadet Commander	CAP3S1DC7.3
Week 16	Cadet Physical Fitness Test	CPFTEST
	Goddard Aerospace Education – Module 6 Test	CAP3S1AE7.5
Week 17	Drill and Ceremonies - Select Primary Drill Squadron Staff for Remainder of CAP 3 School Year. Assist Cadets in CAP 1 Drill	CAP3S1DC8.1
	Armstrong Leadership Laboratory - Select Subject for Writing and Speech	CAP3S1LL8.1
Week 18	Drill and Ceremonies - Assist Judging of CAP 1 Cadet Drill Down	CAP3S1DC8.2
	Armstrong Leadership Laboratory - Use Library Computer System and Reference Books to Research Writing and Speech Subject	CAP3S1LL8.2

CAP 3 LESSON PLANS, SEMESTER 2

TAB 3

Week 1	Armstrong Leadership Laboratory - Instructor Assist Cadets in Formatting Outline for Writing. Specific Guidance Given to Cadets on Primary Content of Dissertation	CAP3S2LL8.3
Week 2	Drill and Ceremonies - Assist Guidon Practice of CAP 2 Cadets	CAP3S2DC8.3
Week 3	Armstrong Leadership Laboratory - Develop Format for 5-7 Minute Speech. Cadets Turn In Written Dissertation	CAP3S2LL8.4
Week 4	Armstrong Leadership Laboratory - Develop Format for 5-7 Minute Speech. Cadets Turn In Written Dissertation (Continued)	CAP3S2LL8.4
Week 5	Armstrong Leadership Laboratory - Speeches Presented by Cadets	CAP3S2LL8.5
Week 6	Armstrong Leadership Laboratory - Speeches Presented by Cadets (Continued)	CAP3S2LL8.5
Week 7	Mitchell Test Preparation - Review of Chapter 1, <i>Leadership: 2000 and Beyond</i> , Volume 1 for Mitchell Test	CAP3S2MTP1.1
Week 8	Mitchell Test Preparation - Review of Chapter 2, <i>Leadership: 2000 and Beyond</i> , Volume 1 for Mitchell Test	CAP3S2MTP1.2
Week 9	Mitchell Test Preparation - Review of Chapter 3, <i>Leadership: 2000 and Beyond</i> , Volume 1 for Mitchell Test	CAP3S2MTP1.3
Week 10	Mitchell Test Preparation - Review of Chapter 4, <i>Leadership: 2000 and Beyond</i> , Volume 1 for Mitchell Test	CAP3S2MTP1.4
Week 11	Mitchell Test Preparation - Review of Chapter 5, <i>Leadership: 2000 and Beyond</i> , Volume 1 for Mitchell Test	CAP3S2MTP1.5
Week 12	Mitchell Test Preparation - Review of Chapter 6, <i>Leadership: 2000 and Beyond</i> , Volume 1 for Mitchell Test	CAP3S2MTP1.6

Week 13	Mitchell Test Preparation - Review of Chapter 7, <i>Leadership: 2000 and Beyond</i> , Volume 1 for Mitchell Test	CAP3S2MTP1.7
Week 14	Mitchell Test Preparation - Mitchell Award Test	CAP3S2MTP1.8
Week 15	Drill and Ceremonies - Instructor Selects One Cadet to assist in DC 1.12, Classroom Instruction on Color Guard	CAP3S2MA1.1
Week 16	Drill and Ceremonies - Instructor Selects One or More Cadets to Assist in DC 1.13, Instruction on Manual of Arms	CAP3S2MA1.2
	Mitchell Award - Retreat Practice With CAP 2 Cadets. CAP 3 Cadets Will Staff	CAP3S2MA1.3
Week 17	Mitchell Award - Rehearsal for Receiving Mitchell Awards and Promotion to Cadet Second Lieutenant	CAP3S2MA1.4
Week 18	Drill and Ceremonies - Formal Retreat at School. Mitchell Awards and Promotion	CAP3S2MA1.5