

## INFLUENCES ON LIFE

### Handout 1

Rank the following influences in order of their importance in your life, 1 being the most important and 8 the least important.

1. Family \_\_\_\_\_
2. God \_\_\_\_\_
3. Friends \_\_\_\_\_
4. Sports \_\_\_\_\_
5. Religious organizations \_\_\_\_\_
6. School \_\_\_\_\_
7. Civil Air Patrol \_\_\_\_\_
8. Girlfriend/Boyfriend \_\_\_\_\_

## DISCUSSION LEADER LESSON PLAN

### Handout 2

(NOTE: Using the following information, conduct a guided discussion on values.)

Discuss the ranking of topics on the list of *Influences of Life*.

(NOTE: There are no right or wrong answers to this list, only what the cadet perceives as the most important value.)

**Select a cadet and ask the question - What did you select as the most important influence? Why?**

**Question: Ask the question - What did someone else have as the most important influence? Why?**

**Question: Ask the question - What do the core values of *Integrity, Volunteer Service, Excellence, and Respect* mean to you?**

**Question: Ask the question - How do we use the core values *Integrity, Volunteer Service, Excellence, and Respect* in our daily lives?**

**Here is MP 1. Describe how values shape our existence. Ask the question - "How do values shape our existence?"**

(After discussing this question, an answer could be...Values are what we hold as important. They are the unwritten rules we use to determine who we are. Character, for example, is who we are. Our core values shape our character.)

**Select a cadet or ask - "What do you think is an example of a value?"**

(NOTE: Look for responses such as *people* [family], *things* [CAP], or *ideals* [integrity, freedom]. Spend some time clarifying how the responses are values.)

**Select a cadet and ask - "What is the difference between *knowing* your values and *living* them?"**

(NOTE: Responses will vary, but could be a response such as, "Knowing your values is much easier than practicing them.")

**Here is MP 2. Give examples of values. Ask the question - "What is an example of a value?" Answer to MP 2. Example of values -- a principal, standard, or quality considered worthwhile or desirable such as, Honesty, Integrity or Trust.**

(NOTE: Reform the group.) Permit the recorder to give a report.