

**TABLE OF CONTENTS**  
(Highlighted areas indicate change)

|  |   |              |
|--|---|--------------|
| <b>LET'S GET ORGANIZED!</b>                        | <b>v</b>  |              |
| <b>CAP 1 TRAINING SCHEDULE (SEMESTERS 1 AND 2)</b> | <b>TAB 1</b>  |              |
| <b>CAP 1 LESSON PLANS, SEMESTER 1</b>              | <b>TAB 2</b>  |              |
| Week 1   | Cadet Orientation Course - Week 1   | CAP1S1O1     |
|  | Methodology and Scope of Military Drill Instruction                                       | CAP1S1DC1    |
|  | Drill and Ceremonies - Formation, Facing Movements, and Rest Positions                    | CAP1S1ODC1   |
| Week 2   | Cadet Orientation Course - Week 2   | CAP1S1O2     |
|  | Drill and Ceremonies - Marching Movements and Saluting                                    | CAP1S1ODC2   |
| Week 3   | Cadet Orientation Course - Week 3   | CAP1S1O3     |
| Week 4   | Drill and Ceremonies Terminology (Classroom Instruction)                                  | CAP1S1DC1.1  |
|  | Curry Leadership Laboratory - Membership, Uniforms, Study Materials                       | CAP1S1LL1.W4 |
| Week 5   | Drill and Ceremonies - Marching Movements   | CAP1S1DC1.2  |
|  | Curry Leadership Laboratory - Wearing of CAP Uniforms                                     | CAP1S1LL1.1  |
| Week 6   | Drill and Ceremonies - Right/Left Step  | CAP1S1DC1.3  |
|  | Safety - Generic Lesson Plan  | Safety       |
|  | Moral Leadership - Generic Lesson Plan  | ML1          |
| Week 7   | Drill and Ceremonies - Flight Drill   | CAP1S1DC1.4  |
|  | Curry Leadership Laboratory - Duties, Responsibilities, Followership, and Time Management | CAP1S1LL1.2  |

|                                       |   |              |
|---------------------------------------|---|--------------|
| Week 8                                | Drill and Ceremonies - Element Drill  | CAP1S1DC1.5  |
|                                       | Curry Leadership Laboratory - Customs and Courtesies, Chain of Command, and Insignia of Grade | CAP1S1LL1.3  |
| Week 9                                | Drill and Ceremonies - Review   | CAP1S1DC1.6  |
|                                       | Curry Leadership Laboratory - Achievement Test  | CAP1S1LL1.4  |
| Week 10                               | Drill and Ceremonies - Flight Drill   | CAP1S1DC1.7  |
| Week 11                               | Drill and Ceremonies - Column Movements and Flight Alignment                                  | CAP1 S1DC1.8 |
|                                       | Basic Communications - Standard Operating Procedures  | CAP1S1COM1   |
| Week 12                               | Drill and Ceremonies - Column Movements and Flight Alignment                                  | CAP1S1DC1.9  |
|                                       | Basic Communications - Local Operating Procedures   | CAP1S1COM2   |
| Week 13                               | Drill and Ceremonies - Open/Close Ranks   | CAP1S1DC1.10 |
|                                       | Emergency Services - Introduction, Part I   | CAP1S1ES1    |
| Week 14                               | Drill and Ceremonies - Basic Color Guard  | CAP1S1DC1.11 |
|                                       | Emergency Services - Introduction, Part II  | CAP1S1ES2    |
| Week 15                               | Drill and Ceremonies - Basic Color Guard  | CAP1S1DC1.12 |
| Week 16                               | Drill and Ceremonies - Manual of Arms   | CAP1S1DC1.13 |
|                                       | Emergency Services - Introduction, Part III, Test   | CAP1S1ES3    |
| Week 17                               | Drill and Ceremonies - Color Guard Practice   | CAP1S1DC1.14 |
|                                       | Cadet Physical Fitness Test   | CPF TEST     |
| Week 18                               | Drill and Ceremonies - Flight and Color Guard Drill Down                                      | CAP1S1DC1.15 |
| <b>CAP 1 LESSON PLANS, SEMESTER 2</b> |   | <b>TAB 3</b> |
| Week 1                                | Drill and Ceremonies - Review of Semester 1   | CAP1S2DC2.1  |

|         |   |                    |
|---------|---|--------------------|
|         | Arnold Leadership Laboratory – Duties, Responsibilities, and Followership     | CAP1S2LL2.1        |
| Week 2  | Drill and Ceremonies - Close Interval   | CAP1S2DC2.2        |
|         | Arnold Leadership Laboratory - Uniforms, Colors/Flags, and Communication      | CAP1S2LL2.2        |
| Week 3  | Drill and Ceremonies - Column Half Right/Left, Incline Right/Left             | CAP1S2DC2.3        |
|         | Arnold Leadership Laboratory - Achievement Test                               | CAP1S2LL2.3        |
| Week 4  | Drill and Ceremonies - Color Guard Practice                                   | CAP1S2DC2.4        |
|         | <b>Arnold Aerospace Education - Introduction to Flight</b>                    | <b>CAP1S2AE2.1</b> |
| Week 5  | Drill and Ceremonies - Element Drill  | CAP1S2DC2.5        |
|         | <b>Arnold Aerospace Education - To fly by the Lifting Power of Rising Air</b> | <b>CAP1S2AE2.2</b> |
| Week 6  | Drill and Ceremonies - Element Drill  | CAP1S2DC2.6        |
| Week 7  | Drill and Ceremonies - Element Drill  | CAP1S2DC2.7        |
|         | <b>Arnold Aerospace Education - Balloons, They Create Their Own Thermals</b>  | <b>CAP1S2AE2.3</b> |
| Week 8  | Drill and Ceremonies – Review   | CAP1S2DC2.8        |
|         | <b>Arnold Aerospace Education - Module 1 Activities</b>                       | <b>CAP1S2AE2.4</b> |
| Week 9  | Drill and Ceremonies - Formal Inspection                                      | CAP1S2DC2.9        |
|         | <b>Arnold Aerospace Education - Quiz</b>                                      | <b>CAP1S2AE2.5</b> |
| Week 10 | Drill and Ceremonies - Selected Cadets Conduct Drill                          | CAP1S2DC2.10       |
| Week 11 | Drill and Ceremonies - Selected Cadets Conduct Drill                          | CAP1S2DC2.11       |
|         | <b>Arnold Aerospace Education - Questions and Answers</b>                     | <b>CAP1S2AE2.6</b> |
| Week 12 | Drill and Ceremonies - Selected Cadets Conduct Drill                          | CAP1S2DC2.12       |

|         |   |                       |
|---------|---|-----------------------|
|         | <b>Arnold Aerospace Education - AE Module 1 Test</b>  | <b>CAP1S2AE2.7</b>    |
| Week 13 | Drill and Ceremonies - Selected Cadets Conduct Drill  | CAP1S2DC2.13          |
|         | <b>Administrative time for review of Drill and Ceremonies, AE experiments or other subjects as needed</b> | <b>No Publication</b> |
| Week 14 | Drill and Ceremonies - Selected Cadets Conduct Drill  | CAP1S2DC2.14          |
|         | <b>Administrative time for review of Drill and Ceremonies, AE experiments or other subjects as needed</b> | <b>No Publication</b> |
| Week 15 | Drill and Ceremonies – Selected Cadets Conduct Drill  | CAP1S2DC2.15          |
| Week 16 | Drill and Ceremonies – Selected Cadets Conduct Drill  | CAP1S2DC2.16          |
|         | <b>Administrative time for review of Drill and Ceremonies, AE experiments or other subjects as needed</b> | <b>No Publication</b> |
| Week 17 | Drill and Ceremonies - Selected Cadets Conduct Drill  | CAP1S2DC2.17          |
| Week 18 | Drill and Ceremonies - Honor Cadet Conducts Drill Down  | CAP1S2DC2.18          |
|         | <b>WEEKEND ACTIVITY</b>   | <b>TAB 4</b>          |
|         | <b>Camp Curry Training Weekend</b>  | <b>CAP1S1TW</b>       |
|         | <b>OTHER WEEKEND TRAINING ACTIVITIES</b>  | <b>TAB 5</b>          |
|         | First Aid   | CAP1S1FIRST AID       |
|         | Cardiopulmonary Resuscitation   | CAP1S1CPR             |
|         | Blood Borne Pathogens   | CAP1S1BBP             |