

CAP 3 Training Schedule
Change 1

First Semester

Week #	Task	First Hour	Second Hour
1	Administration. NOTES #1 and 2 Achievement 6	Opening ceremony. Parent & Student Welcome/Orientation & Uniform Check. Closing ceremony	
2		Opening ceremony/Drill and Ceremonies 6.1 - Select primary drill squadron staff for the first semester. Review previous year's activity. (This may be in classroom.)	Class - Doolittle Aerospace Education 6.1- Space. Closing Ceremony.
3		Opening ceremony/Class - Doolittle Aerospace Education 6.2 - Solar System.	Class - Doolittle Leadership Lab 6.1 - Duties and responsibilities, human behavior. Closing ceremony.
4	NOTE #3	Opening ceremony/Class - Doolittle Leadership Lab 6.2 - effective communication, motivation skills, individual differences.	Class - Doolittle Aerospace Education 6.3 - Module 5 Activities. Closing ceremony.
5		Opening ceremony/Class - Doolittle Leadership Lab 6.3 - Unit meeting schedule, discipline.	Class - Doolittle Aerospace Education 6.3 (cont.) – Module 5 Activities. Closing ceremony.
6		Opening ceremony/Class - Doolittle Aerospace Education 6.3 (cont.) - Module 5 Activities.	Safety - A generic lesson plan to use with latest materials on recent accident bulletins provided by National HQ.
			Class - Moral Leadership - A generic guided discussion lesson plan to use with CAPP 265-2, <i>Values for Living and Ethics for Command</i> , moral leadership curricula. Examples of topics are: AIDS, Teen Suicide, and Grief and Loss. Closing ceremony.
7		Opening ceremony/Class - Doolittle Aerospace Education 6.4 - Quiz.	Cadet Physical Fitness Test - See CAPM 50-18, <i>CAP Cadet Physical Fitness Test Manual</i> . Closing ceremony.
8	Promotion night.	Opening ceremony/Class - Doolittle Leadership Lab 6.4 - Achievement 6 Test	Class - Doolittle Aerospace Education 6.5- Module 5 Test. Closing ceremony.
9	Achievement 7	Opening ceremony/Drill and Ceremonies 7.1- Squadron Staff Drill	Class - Goddard Leadership Lab 7.1 - Duties and responsibilities, working with and evaluating cadets. Closing ceremony.
10		Opening ceremony/Class - Administrative Time	Safety - A generic lesson plan to use with latest materials on recent accident bulletins provided by National HQ.
			Class - Moral Leadership - A generic guided discussion lesson plan to use with CAPP 265-2, <i>Values for Living and Ethics for Command</i> , moral leadership curricula. Examples of topics are: AIDS, Teen Suicide, and Grief and Loss. Closing ceremony.

11		Opening ceremony/Class - Goddard Leadership Lab 7.2 - Communication barriers, non-verbal communications.		Class - Goddard Aerospace Education 7.1 - Unmanned Spacecraft. Closing ceremony.
12		Opening ceremony/Drill and Ceremonies 7.2 - Fill squadron staff positions for formal inspection of CAP 2 cadets.		Class - Goddard Aerospace Education 7.2 - Manned Spacecraft. Closing ceremony.
13	NOTE #3	Opening ceremony/Goddard Leadership Lab 7.3 - Becoming a cadet officer.		Class - Goddard Aerospace Education 7.3 - Living and Working in Space. Closing ceremony.
14		Opening ceremony/Goddard Leadership Lab 7.4 - Achievement 7 Test.		Class - Goddard Aerospace Education 7.4 - Quiz. Closing ceremony.
15		Opening ceremony/Drill and Ceremonies 7.3 - Review of flight and squadron drill by cadet commander.	Safety - A generic lesson plan to use with latest materials on recent accident bulletins provided by National HQ.	Class - Moral Leadership - A generic guided discussion lesson plan to use with CAPP 265-2, <i>Values for Living and Ethics for Command</i> , moral leadership curricula. Examples of topics are: AIDS, Teen Suicide, and Grief and Loss. Closing ceremony.
16	Promotion night.	Opening ceremony/Cadet Physical Fitness Test - See CAPR 52-18, <i>CAP Cadet Physical Fitness Test Manual</i> .		Class - Goddard Aerospace Education 7.5 - Module 6 Test. Closing ceremony.
17	Achievement 8	Opening ceremony/Drill and Ceremonies 8.1 - Select primary drill squadron staff for remainder of CAP 3 schoolyear. Assist cadets in CAP 1 drill.		Class - Armstrong Leadership Lab 8.1 - Select subject for writing and speech. Closing ceremony.
18		Opening ceremony/Drill and Ceremonies 8.2 - Assist judging of CAP 1 cadet drill down.		Class - Armstrong Leadership Lab 8.2 - Use library computer system and reference books to research writing and speech subject. Closing ceremony.

CAP 3, First Semester

NOTE

1. Uniform inspection will be conducted during each opening ceremony.
2. At least three activities will be scheduled during each semester, e.g., Orientation Flights, Aerospace Education Activities, Local Tours.
3. Promotion/Social event with VIP, e.g., Mayor, Local Government Representative, School Board, School Principal, etc. during Semester 1, at Weeks 8 & 16. Squadron and school should plan and schedule this event at least four weeks prior to event.

CAP 3 Training Schedule
Change 1

Second Semester

Week #	Task	First Hour	Second Hour
1	NOTES # 1 and 2	Opening ceremony/Class - Armstrong Leadership Lab 8.3 - Instructor assists cadets in formatting outline for writing. Specific guidance given to cadets on primary content of dissertation, i.e., Who, What, Where, When, and Why. Closing ceremony.	
2	NOTE #3	Opening ceremony/Drill and Ceremonies 8.3 - Assist guidon practice of CAP 2 cadets.	Class - Armstrong Leadership Lab 8.3 (continued) - Continued development of dissertation. Closing ceremony.
3	NOTE #4	Opening ceremony/Drill and Ceremonies 8.3 (continued) - Assist guidon practice of CAP 2 cadets.	Class - Armstrong Leadership Lab 8.4 - Develop format for 5-7 minute speech. Cadets turn in written dissertation. Closing ceremony.
4		Opening ceremony /Class - Armstrong Leadership Lab 8.4 (continued) - Continue construction of speech.	Cadet Physical Fitness Test - See CAPM 50-18, <i>CAP Cadet Physical Fitness Test Manual</i> . Closing ceremony.
5		Opening ceremony/Class - Armstrong Leadership Lab 8.5 - Speeches presented by cadets. Closing ceremony.	
6	Promotion night.	Opening ceremony/Class - Armstrong Leadership Lab 8.5 (continued) - Continue speeches by cadets.	Safety - A generic lesson plan to use with latest materials on recent accident bulletins provided by National HQ. Class - Moral Leadership - A generic guided discussion lesson plan to use with CAPP 265-2, <i>Values for Living and Ethics for Command</i> , moral leadership curricula. Examples of topics are: AIDS, Teen Suicide, and Grief and Loss. Closing ceremony.
7	Test for General Billy Mitchell Preparation	Opening ceremony/Class - MTP1.1 - Discussion group on review of Chapter 1, <i>Leadership: 2000 and Beyond</i> , Volume 1. Closing ceremony.	
8		Opening ceremony/Class - MTP1.2 - Discussion group on review of Chapter 2, <i>Leadership: 2000 and Beyond</i> , Volume 1. Closing ceremony.	
9		Opening ceremony/Class - MTP1.3 - Discussion group on review of Chapter 3, <i>Leadership: 2000 and Beyond</i> , Volume 1. Closing ceremony.	
10		Opening ceremony/Class - MTP1.4 - Discussion group on review of Chapter 4, <i>Leadership: 2000 and Beyond</i> , Volume 1. Closing ceremony.	Safety - A generic lesson plan to use with latest materials on recent accident bulletins provided by National HQ. Class - Moral Leadership - A generic guided discussion lesson plan to use with CAPP 265-2, <i>Values for Living and Ethics for Command</i> , moral leadership curricula. Examples of topics are: AIDS, Teen Suicide, and Grief and Loss. Closing ceremony.

11		Opening ceremony/Class - MTP1.5 - Discussion group on review of Chapter 5, <i>Leadership: 2000 and Beyond</i> , Volume 1. Closing ceremony.		
12		Opening ceremony/Class - MTP1.6 - Discussion group on review of Chapter 6, <i>Leadership: 2000 and Beyond</i> , Volume 1. Closing ceremony.		
13		Opening ceremony/Class - MTP1.7 - Discussion group on review of Chapter 7, <i>Leadership: 2000 and Beyond</i> , Volume 1. Closing ceremony.	Cadet Physical Fitness Test - See CAPM 50-18, <i>CAP Cadet Physical Fitness Test Manual</i> . Closing ceremony.	
14		Opening ceremony/Class MTP 1.8 – Test for General Billy Mitchell Award. Closing ceremony.		
15		Open ceremony/Drill and Ceremonies MA 1.1 - Instructor selects one cadet to assist in DC 1.12, Classroom instruction on color guard.	Safety - A generic lesson plan to use with latest materials on recent accident bulletins provided by National HQ.	Class - Moral Leadership - A generic guided discussion lesson plan to use with CAPP 265-2, <i>Values for Living and Ethics for Command</i> , moral leadership curricula. Examples of topics are: AIDS, Teen Suicide, and Grief and Loss. Closing ceremony.
16		Opening ceremony/Drill and Ceremonies MA 1.2 - Instructor selects one or more cadets to assist in DC 1.3, Instruction on manual of arms.	Class MA 1.3 - Retreat practice with CAP 2 cadets. CAP 3 cadets will staff. Closing ceremony.	
17		Opening ceremony/Class MA 1.4 - Rehearsal for receiving General Billy Mitchell Awards and promotion to Cadet Second Lieutenant. Closing ceremony.		
18	Promotion night.	Opening Ceremony/Drill and Ceremonies MA 1.5 - Formal retreat at school. General Billy Mitchell Awards and promotion. Closing ceremony.		

CAP 3, Second Semester

NOTE

1. Uniform inspection will be conducted during each opening ceremony.
2. At least three activities will be scheduled during each semester, e.g., Orientation Flights, Aerospace Education Activities, Local Tours.
3. Promotion/Social event with VIP, e.g., Mayor, Local Government Representative, School Board, School Principal, etc. during Semester 2, at Weeks 6 and 18. Squadron and school should plan and schedule this event at least four weeks prior to event.
4. Time allocated to development of written dissertation and speeches must be based on number of cadets participating in this achievement. If necessary, delete drill periods to accomplish the task and adjust schedule accordingly.